

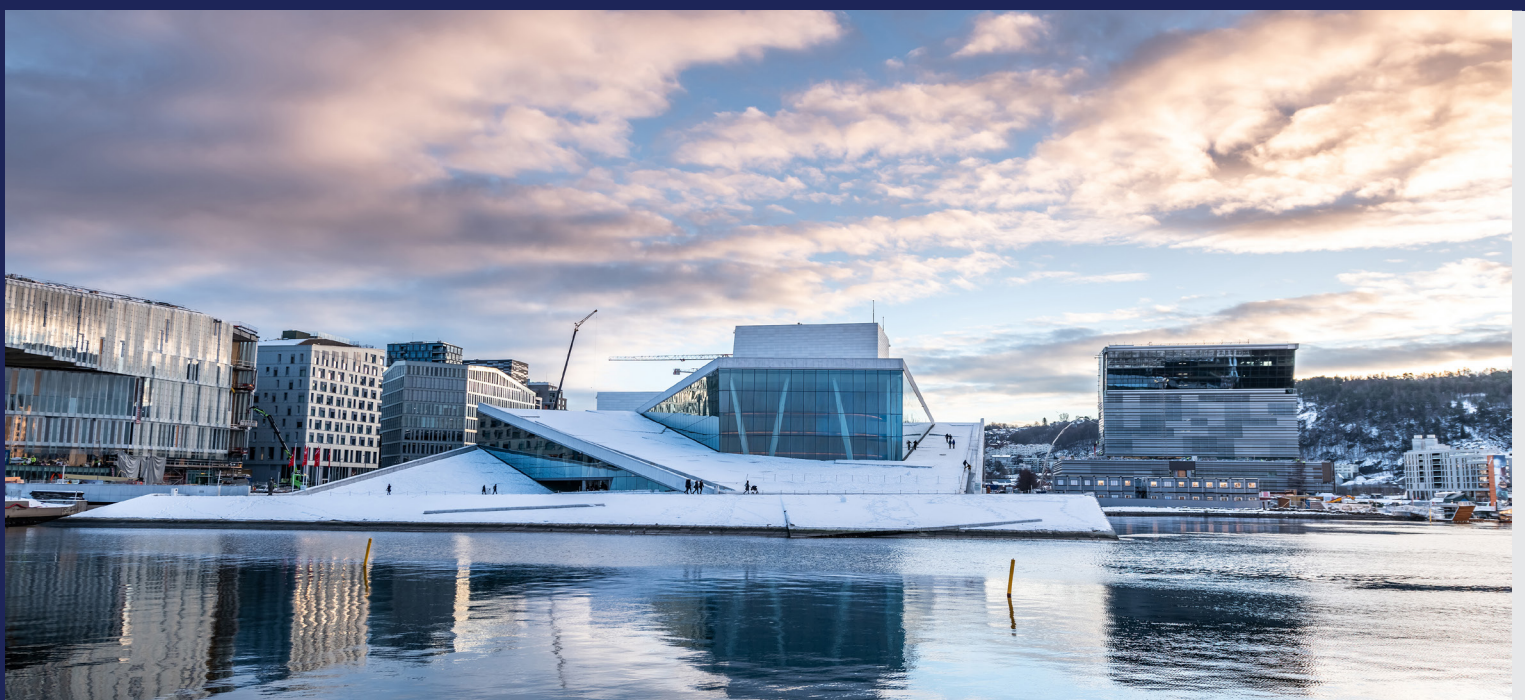
INTERNATIONAL STUDY CLUB

WITH THE PARAGON PROGRAM™

INTERNATIONAL STUDY CLUB

SEPTEMBER 2 - 6, 2024 | NORWAY

Experience the natural wonders of Norway – sublime and serene. Enjoy the fjords, breathe the fresh mountain air, and marvel at the northern lights.



THE CLARION HOTEL OSLO

DRONNING EUFEMIAS GATE 15, 0194 OSLO, NORWAY

PHONE: +47.2195.9750

FANTASTIC LOCATION BY THE OPERA!

The Clarion Hotel Oslo has reason to boast about its exceptional location. The hotel is in Oslo's newest district, Bjørvika. It sits near the Opera and the new Munch Museum, Barcode and Oslo Central Station. You will be perfectly situated to explore the entire city!

The Clarion Hotel Oslo is the ideal choice for conferences and large events, as the hotel has 255 rooms, large suites and conference facilities. Guests can also make use of the beautiful modernized gym at the hotel.

SHUTTER BAR

At Shutter Bar, you can look forward to fabulous food and drinks at this popular hangout for hotel guests and locals. Throughout the summer, you can even take in the sunshine at their outdoor terrace with views of the Aker River.

OSLO'S NEW ART HOTEL

The atmosphere, art and culture are always in focus at the Clarion Hotel Oslo. The hotel is one of the city's newest galleries with a permanent art collection from Oslo's cultural institutions. You will also see that art also makes up a considerable part of the décor throughout the hotel.

Room Rates: NOK 1,943.94/unit



MORNING MEETINGS IN OSLO

Our International Study Clubs are specifically for our doctors and their spouse to learn and explore the region together. Morning meetings will commence on Monday at 8:00 a.m. and end at 12:00 Noon each day. On Monday, Tuesday and Wednesday, we will meet from 8:00 a.m.-1 2:00 Noon at the Clarion Hotel Oslo.

This year Paragon is excited to bring in a guest speaker, which we will announce at a later date. As always please be prepared to introduce yourself and your practice and come with a pearl, something that describes an excellent product or service.

EXPLORE OSLO

Our afternoons will be free to explore the area. Oslo, the capital and most populous city of Norway, was founded as a city at the end of the Viking Age in 1040 under the name Ánslo and was established as a kaupstad (market center or trading place) in 1048 by Harald Hardrada. It's true that Oslo has many museums. Luckily for you, the ones you shouldn't miss are all in one place: the Bygdøy Peninsula. Think about checking out the Kon-Tiki Museum—to see Thor Heyerdahl's raft that took him across the Pacific Ocean.

If you would like to eat at the Norwegian three-starred Michelin restaurant, Maaemo, you must plan ahead—possibly even three months in advance. Lastly if you are going to have a drink in Oslo, you may want to make it a cocktail at Himkok, since it was named one of the world's top establishments by The World's 50 Best Bars.

TAKE IN THE SITES



THE HISTORY



THE FOOD



TRAVEL FROM OSLO TO BERGEN

On Wednesday, we move from Oslo to Bergen. Make sure to book your flight or train. Please note that Ken and Kay will be taking the train (booked on Rail Ninja) on Wednesday at 12:03 p.m. to head to Bergen.

The Oslo to Bergen train takes about 7 hours and is a real rail adventure with soaring views of villages, fjords, rivers, and the Norwegian countryside.

ADVENTURE AWAITS IN BERGEN

We will continue on Thursday and Friday with our morning meetings from 8:00 a.m.-12:00 Noon in Bergen, Norway at the De Bergenske- Grand Hotel Terminus with afternoons free to take in the sites. The most iconic sight to greet you to Bergen is the colourful Bryggen, the old 14th century Hanseatic wharf, named a Unesco World Heritage site. Bergen is very much known for the fjords surrounding it, and there are several cruise companies eager to show you the wonders of the famous Norwegian coast. In addition, Bergen is known as the city of seven mountains, so it seems only natural that you may want to visit one. The most easily accessible is Fløyen, which can be reached by a funicular and take you to the top of the mountain in less than eight minutes. You will then have the option to take the funicular back down or enjoy a beautiful walk down the mountainside.





DE BERGENSKE - GRAND HOTEL TERMINUS

ZANDER KAAES GATE 6, 5015 BERGEN

PHONE: +47.5521.2500

In connection with the National Exhibition in Bergen in 1928, the city received its own Grand Hotel. This hotel has definitely lived up to its name, and it is one of the city's most luxurious places to stay. The Directorate for Cultural Heritage in 2012 also listed the hotel as an remarkable example of modern hotel architecture of the 20th century.

The Grand Hotel Terminus collection renamed Bar Amundsen, must also be mentioned as it was the last place Roald Amundsen, polar explorer, held a press conference before disappearing without a trace in the barren Arctic in an attempt to save his fellow explorer, Umberto Nobile. The bar is best known today for its award-winning whisky collection and as a place where noble deeds combine with noble spirits.

Family room, single use: NOK 3500, - per room, per night

Villa Terminus double room, single use: NOK 3700, -per room, per night

Junior Suite, single use: NOK 4300, - per room, per night

NEARBY SISTER HOTELS

Up to 20 Superior rooms at the Heimen Hotel: NOK 2090, - per single room, per night, a 15-20 min. walking distance from The Grand Hotel Terminus.

Up to 25 standard rooms at the Skostredet Hotel: NOK 2490,- per single room, per night, a 7 minute walking distance from The Grand Hotel Terminus, brand new, opened the 1st of June.